

1GC | Family Law

Sapna Jain

Year of Call: 2021



Practice Overview

Sapna joined chambers in September 2024 following successful completion of her pupillage and is developing a practice across the full spectrum of Chambers' expertise.

Prior to joining 1GC, Sapna worked as a paralegal at a London-based solicitors' firm, which is consistently ranked as Tier 2 in Family in the Legal 500. She has developed experience working on cases including high net worth divorce proceedings, contentious children matters and surrogacy, and is keen to build a comprehensive family law practice.

Sapna has a range of pro bono experience, making her sensitive to the needs of vulnerable clients. Alongside her studies, Sapna volunteered as the Student Director for the BPP Family Legal Advice Clinic. She also served as a casework volunteer at Advocate, and a Student Director at the BPP Streetlaw Programme, providing workshops to domestic abuse charities and schools. Sapna has extensive research experience, having drafted chapters for a leading practitioners' text on financial crime.

Notable Cases

Re X and Y (Children: Adoption Order: Setting Aside) [2026] UKSC 13

Re D (Threshold Findings and Final Orders at IRH) [2025] EWCA Civ 1362

Education

LLB, The London School of Economics & Political Science (2018)

LLM in Information Technology and Communications Law, The London School of Economics & Political Science (2019)

LLM Legal Practice (Bar), Distinction, BPP University (2021)

Awards

Winner, Helen Reece Memorial Moot Competition (2017) & LSE Ambassadors Moot (2018)

Anniversary Scholarship, The London School of Economics & Political Science (2018)

Careers Commitment Scholarship, BPP Law School (2020)

Lord Denning Scholarship, The Honourable Society of Lincoln's Inn (2020)

Outstanding Contribution, BPP Pro Bono Award (2021)

Winner, The Legal Boardroom Debating Competition (2021)